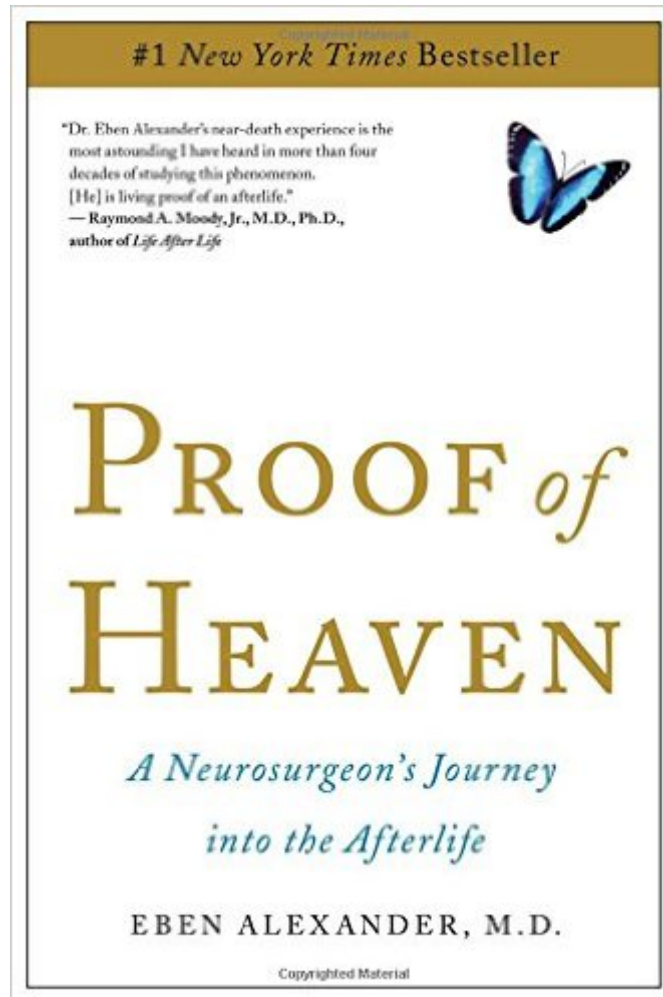


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# Proof Of Heaven: A Neurosurgeon's Journey Into The Afterlife



## Synopsis

The #1 New York Times bestselling account of a neurosurgeon's own near-death experience. Thousands of people have had near-death experiences, but scientists have argued that they are impossible. Dr. Eben Alexander was one of those scientists. A highly trained neurosurgeon, Alexander knew that NDEs feel real, but are simply fantasies produced by brains under extreme stress. Then, Dr. Alexander's own brain was attacked by a rare illness. The part of the brain that controls thought and emotion—and in essence makes us human—shut down completely. For seven days he lay in a coma. Then, as his doctors considered stopping treatment, Alexander's eyes popped open. He had come back. Alexander's recovery is a medical miracle. But the real miracle of his story lies elsewhere. While his body lay in coma, Alexander journeyed beyond this world and encountered an angelic being who guided him into the deepest realms of super-physical existence. There he met, and spoke with, the Divine source of the universe itself. Alexander's story is not a fantasy. Before he underwent his journey, he could not reconcile his knowledge of neuroscience with any belief in heaven, God, or the soul. Today Alexander is a doctor who believes that true health can be achieved only when we realize that God and the soul are real and that death is not the end of personal existence but only a transition. This story would be remarkable no matter who it happened to. That it happened to Dr. Alexander makes it revolutionary. No scientist or person of faith will be able to ignore it. Reading it will change your life.

## Book Information

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## Customer Reviews

As someone who has experienced an NDE, and struggled with many of the same things that Eben discusses here, I am not surprised at the response that many are having to this book. To say "people who have NDE experiences often find the telling of their story, while trying to impart the information they receive during their experience, a difficult task," would be an understatement as vast as the universe. The clinical aspects of Dr. Alexander's experience are what make this story unique, along with his outright conversion from a "Scientific Reductionist" to someone who sees clearly that consciousness and the vast majority of "what is," are found outside of our space/time universe and current medical or science books. To get the most out of any book on NDEs, and especially one that intertwines a very personal journey to find family and self, you must start with an open mind and heart. Unfortunately, those who have already hardened their views on both sides of the spectrums of Science and Religion, will dismiss much of what anyone writes on this topic, because it doesn't fit their narrow, dogmatic view of the world. Even worse, it forces them to look outside of their safe little boxes, and take the effort to learn, while being open to the possibility that current models of both science and faith are a good starting point, but not the ENTIRE answer. Einstein's quote at the beginning of the chapter "A Final Dilemma" says it best... "I must be willing to give up what I am in order to become what I will be." Whether you begin as a Christian, a Buddhist, Quantum Physicist or a simple seeker of knowledge beyond current understanding, moving outside of the constructs of your current ways of thinking is imperative to discovery.

Many of the points the Dr makes were theories that I have personally had for years but couldn't put words to...he puts another's voice to it that is far more technically knowledgeable about the brains function than I. How time differs from what we understand, how we aren't separate from God or heaven but in our human "suit" (my words not his) we have filters in place which don't allow us to see the glory and miracle all around us...not immediately visible until you understand them for what they are. It helps explain on a deeper level why it was so painful for Jesus to be separated from God even if only for a short while. That once you have been there you realize that while life in this realm (earthly) is precious, what is ahead is so much better. That we realize the fear of this new place or what happens next is completely unfounded. Sort of like a child's first day of school....by the afternoon most love what they initially feared and never look back to the time before as "better". I am not sure why but I am certain there is a deep truth to what this Dr experienced. Once I got started I literally stayed up all night reading it. I come from 25yrs of a very technical background myself where everything has to have an answer, a reason why it works or fails...we don't allow shades of gray or the unexplained in my work. I am the ultimate doubting Thomas and need proof and then

documented observational testing/PROOF of it working before I am sold on it and put it into production. Perhaps that is why this Dr's approach...the measuring, going analytical AGAINST what your natural thoughts tell you, making certain to measure in great deal the opposing hypothesis to your thoughts/beliefs ....really works for me.

Dr. Eben Alexander, a prominent neurosurgeon at Harvard University, has written a fascinating book about his near-death experience. At the age of 54, he contracted a severe form of E. Coli meningitis, which aggressively attacked his cortex, or the portion of the brain that supplies conscious, rational thought. He slipped into a coma, but instead of experiencing nothing, like in deep sleep, Dr. Alexander describes a journey to heaven. His experience began in a place of fluffy clouds. Then he visualized beings soaring through the sky, beings that he describes as 'higher forms.' These beings made a joyful sound: one that he could feel, even more than hear. He was then joined by millions of butterflies and a woman. This woman gave him the following three messages: You are loved and cherished; You have nothing to fear; and There is nothing you can do wrong. Her words are comforting and reassuring. What sets this book apart is the fact that Dr. Alexander is a neurosurgeon with great knowledge of what makes up consciousness. The parts of his brain that would create experiences like he underwent (such as in a dream state) were not functional at the time he experienced them. He is also a man of science and a skeptic, who changed his views completely after experiencing this. This transformation is interesting and notable. His descriptions of heaven are vivid, uplifting, and fascinating. If you enjoy this book, there are two books from physicians which I would highly recommend. In Stitches by Dr.

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